

PORT OF PALM BEACH TO HOST 'INHALE, EXHALE, SET SAIL' APRIL 13;
PORT DIRECTOR SERVES AS CHAIR FOR LUNG HEALTH AWARENESS EVENT

RIVIERA BEACH, Fla. – With Port of Palm Beach Executive Director Lori A. Baer serving as chairwoman, the port is preparing to host an April 13 event – “Inhale, Exhale, Set Sail” – through which the American Lung Association of Florida, Southeast Area, aims to promote lung health awareness.

The event is slated to begin with a 7:45 a.m. “Breakfast on the Boat” program aboard the *Palm Beach Princess*, the operator of which, Palm Beach Casino Line, is serving as presenting sponsor. Scheduled feature speaker is Dr. Marilyn K. Glassberg, an assistant professor of medicine at the University of Miami, School of Medicine and a leading researcher of lung disorders in women, as well as secretary-treasurer of the American Lung Association of Florida. Also slated to speak, on the topic of how to make a home “lung-healthy,” is Bernadette Upton, a North Palm Beach-based interior designer, lecturer and consultant who is certified by the National Environmental Health Association.

After the breakfast program, those participants who wish to stay on the ship are then to be invited to set sail on the 11 a.m. cruise of the *Palm Beach Princess*, returning to the Port of Palm Beach by 4:30 p.m.

“The event is designed to provide women with information on everyday things we may do to improve lung health,” Baer said. “It is a privilege to serve as chairperson for this event, which we are confident will be highly informative as well as entertaining. I sincerely hope you will join me in personal commitment to the continuing mission of preventing lung disease and promoting healthy lungs for children, adults and pets of our community.”

Those wishing to participate through sponsorship or attendance may phone Sherri Gilbert at the Lung Association at (561) 659-7644.